

- Peace and Human Right -

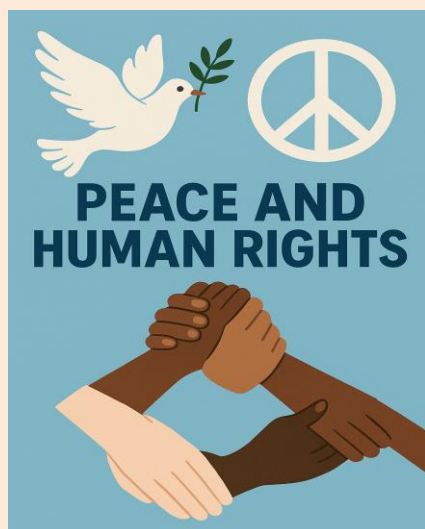
By Dr. Anila Nair

76th year of UDHR

"The right to peace is the mother of all human rights. Without peace all other rights are quashed."

Volkar Turk
UN High Commissioner
for
Human Rights

On this great day, the 10th December, 1948, the human kind took a collective pledge to establish a world of peace, progress and prosperity through the concepts of Universal Declaration of Human Rights. The article rightly sets forth the intention: *"All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood."*



The Universal Declaration of Human Rights (UDHR), in its 30 articles, uses the word *peace* only twice. Yet, its ultimate intention is to create a system and an environment that ensures three fundamental needs like space, opportunity, and support for all human beings in an inclusive manner. Through the implementation of the various articles enshrined in the UDHR, peace can prosper. Because peace needs to be nurtured by: Prosperity, Empathy, Affiliation, Compassion, Emancipation, and Equity.

The Preamble to the Universal Declaration of Human Rights (UDHR) clearly underscores this point:

"...recognition of the inherent dignity and of equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world."

To achieve the above, especially the peace, the articles in the UDHR, and each of them, provides tools and guidelines in a very succinct manner and styles.

And the tools are:

- Education;
- Employment;
- Social security;
- Freedom of expression;
- Freedom of association;
- Legal entitlement, and so on.

To achieve these rights for the peaceful existence of all on this earth, what is most important is the eradication of discrimination in all its forms and patterns, along with the simultaneous removal of disparities in every area and aspect of life whether human, material, or environmental.

When all forms of disparity and discrimination are eradicated, equity, progress, prosperity, and peace will naturally follow and continue to grow in a cumulative and sustaining manner.

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The seventy-fifth anniversary of the Universal Declaration of Human Rights now highlights the issues of discrimination and marginalization. This focus is timely, as today, peace stands at the precipice. Human society is plagued by wars, conflicts, violence, forced migration, and more. On one side, wealth is being concentrated in the hands of a few, while on the other, millions of people go hungry every day. The unchecked exploitation of both human and natural resources has continued unabated, leading to widespread poverty, population surges in certain regions, deteriorating healthcare systems, rising unemployment, and declining access to quality education, among other challenges.

These factors are finally brewing discontent and violence across the world.

The continued conflict in Ukraine, Israel, Palestine, Sudan and in many other parts of the world are examples.

The Philadelphia declaration sums up the situation very aptly:

- Labour is not a commodity;
- Freedom of expression and of association are essential to sustained progress;
- Poverty anywhere constitutes a danger to prosperity everywhere.

We may therefore say that peace cannot exist universally if there is poverty, and if there is peace, poverty will disappear.

The question hence appears: what should an individual, family, community, nation could do for peace on the planet?

- Awareness and education about human rights
- Advocacy and campaign
- Setting of grassroots level human rights and social security organizations/network
- Legal awareness
- Ideas about the needs and relevance of peace

Universal Declaration of Human Rights (UDHR)

“recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world.”

- News from Countryside Farmers in Distress -

It is June. The monsoon has arrived. The agricultural landscape is brimming with different crops: paddy, jute, a variety of vegetables, fruits, and flowers. The land appears emerald green, painting a picture of peace and abundance. But the reality is different for Neeraj. His economic condition has not improved much. What he produces, its prices are not determined by him; instead, it is the middlemen who decide.

For example, Neeraj cultivates pointed gourd on his one bigha of land. After harvesting, he takes it to the market. Today, he is forced to sell it at Rs. 5–6 per kilogram. At this rate, he can barely recover the expenses he has incurred. Meanwhile, the prices he must pay for different agricultural inputs continue to rise.

In such a situation, his life and livelihood can only be secured if the prices of his crops are reasonably regulated. Today, the open market has become the master. To protect marginal and small farmers from the clutches of this unregulated market, it is essential to establish a regulated market system and fair price policy, along with the provision of accessible agricultural infrastructure.

- Programme Proposed -

It is proposed that the Foundation will conduct the following programme online in November 2025:

- *“Enhancing Emotional Intelligence for Improving Personal and Professional Capabilities.”*

Aim:

We live in a complex world — a world where both opportunities and challenges exist in abundance. However, it is often the challenges that overwhelm us, leaving us feeling lost. As a result, the opportunities that are equally present tend to be overlooked. In addition, human stress levels are steadily rising, leading to distress, disease, and other personal and social problems. Socio-economic issues

such as interpersonal conflicts, unemployment, and others also adversely affect our lives.

Keeping this in view, these concerns are not confined to any one place — they are global in nature, impacting individuals of all ages, whether young or old. Against this backdrop, the present course has been designed. Its main objective is to enhance individual capacity to navigate both personal and professional life by effectively managing challenges while identifying and seizing opportunities. In this journey, Emotional Intelligence skills play a crucial and supportive role.

Objectives:

- To provide an overview of existing scenarios in our ambience.
- To acquaint participants with the concept of emotional intelligence.
- Strategy for enhancing emotional intelligence
- Leadership and emotional intelligence
- Work, productivity and emotional intelligence

Course Contents:

- Concept of Emotional Intelligence
- History of Emotional Intelligence
- Case Study of Emotional Intelligence
- Role of Emotional Intelligence in
 - Workplace
 - Family
 - Society
- Work Ethics
- Emotional Intelligence and Career Development
- Stress Management
- Yoga

Course Delivery Methodology:

- Lecture
- Discussion
- Case Study Presentation
- Exercise
- Simulation Exercise
- Audio-visual Presentation
- Role Play

Participants:

- Students
- People interested in the subject

- Other Activities -

The Triniketan Foundation for Development provided a sewing machine to a woman in West Bengal as part of its livelihood promotion initiative, aiming to impart sewing skills and promote self-employment opportunities for women in rural areas.

- Faculty/Staff Activities -

Dr. Anila Nair, Chairperson, conducted several sessions on leadership skills and social security issues at the V.V. Giri National Labour Institute, Noida. Additionally, she served as a panelist in a national workshop titled “Future of Work” held on



June 10, 2025, where she shared insights on emerging trends in the labour market, workplace well-being, and inclusive

employment practices.

Ms. Karthika Pillai, Executive Director, conducted multiple sessions at the V.V. Giri National Labour Institute, Noida, focusing on rural participation in employment programmes, teamwork, and resource mobilisation for community development initiatives. She also engaged with participants on strategies for sustainable livelihoods, women’s economic empowerment, and enhancing grassroots capacities.

- Meetings -

The Chairperson of the Foundation held a series of important meetings during the reporting period:

- A meeting was held with Mr. K. Lakshman Reddy, Vice-President of the Bharatiya Mazdoor Sangh (BMS), to discuss key issues concerning the welfare, rights, and working conditions of coal mine workers. The discussion focused on the need for improved workplace safety measures, fair wages, and social security benefits for the workforce.

- The Chairperson also met with Dr. K.K. Muhammad, eminent historian and Padma Shri awardee, to deliberate on initiatives aimed at promoting education and rehabilitation for asylum-seeking and marginalized children. The meeting explored collaborative approaches to improve access to quality education for vulnerable communities.
- In another engagement, the Chairperson held discussions with Professor J.S. Rajput, former Director of the National Council of Educational Research and Training (NCERT), on matters related to skill development and the evolving future of education in India. The dialogue emphasized the importance of integrating life skills, vocational training, and emotional intelligence into mainstream education to better prepare youth for emerging societal and employment challenges.

- Triniketan News -

Financial support to Aisha Khatun by Foundation



The Triniketan Foundation for Development has extended financial assistance to Aisha Khatun, a bright student of Class 2 at Chaudhari Khemchand Public School, located in Badarpur, New Delhi – 110044. Aisha resides with her family at B-1121, Gautampuri Phase 2, Aligarh, Badarpur, New Delhi.

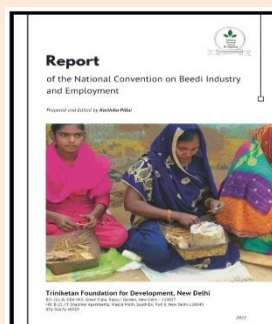
Her father, Mr. Rakibul S.K., earns a living as an e-rickshaw puller, while her mother, Mrs. Saina Khatun, is a homemaker who is deeply committed to supporting her daughter's education. Despite financial hardship, the family has prioritized Aisha's schooling.

To support Aisha's academic journey, the Triniketan Foundation sanctioned financial aid to cover basic educational needs such as school fees, uniforms, and learning materials. The first installment of this aid was personally handed over to

her mother by Miss Karthika Pillai, Executive Director of the Foundation.

This initiative reflects the Foundation's dedication to empowering children from underprivileged backgrounds through education. By providing this timely support, the Foundation aims to ensure that no child's learning is interrupted due to financial limitations. Aisha's story is a reminder of how collective effort can nurture young dreams and shape a brighter, more inclusive future.

Photos of Convention Report



- How to get in Touch -



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The details of our bank accounts are as under:

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New Delhi-110067,
Savings Bank Account No. 923010000628304,
IFS Code UTIB0003532